



Mobile Apps and Digital Services for Seniors

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NEWS

GOOD OLD NEWS

Empowering seniors in the digital world!

MOBI-DIG: Mobile Apps and Digital Services for Seniors” is an Erasmus+ project that supports seniors in navigating the digital world and feeling confident for using online services through mobile apps and digital platforms. The project helps educators, social

workers and volunteers build practical digital skills among seniors and shares effective practices across Europe. It runs from January 2024 through December 2025 and is co-funded by the European Union.

BREAKING

MOBI-DIG Interactive Toolbox – Redesigned with you in mind

The MOBI-DIG Interactive Toolbox is up and ready to help seniors access different digital services in their everyday life. The Toolbox is divided into 6 sections – Healthcare, Social services, Financial services, Transport, Communication and Leisure. Each section includes practical digital services related to the topic with short explanation, step-by-step instructions for use and short videos for additional visual support. About 40 video tutorials with detailed instruction for use of different digital services are embedded into the Toolbox.

The Toolbox is designed for seniors to use independently or with the help of educators, volunteers and carers.

BETWEEN THE LINES

MOBI-DIG in action: Seniors show us the direction

A highlight of recent activities was the presentation of the MOBI-DIG project and the draft Interactive Toolbox during the Transnational Partner Meeting in Rotterdam hosted by PRESSURE LINE at the Olympus senior organisation. Around 30 seniors participated in the event, where partners

showcased the project and engaged participants in a hands-on workshop. The feedback was overwhelmingly positive — seniors described the toolbox as “extremely helpful and practical.” Valuable insights were shared to support further refinement of the Toolbox contents.

WHAT'S NEXT?

National Training Events

The MOBI-DIG team is now preparing national training events across the partner countries. The events will bring the Toolbox directly to seniors, offering hands-on learning, guidance and support in real-life contexts. 5 rounds of events covering the Toolbox topics will be organised in each country. Seniors will learn more about the project and how to use the Toolbox to develop practical digital skills needed to access online services through mobile apps and digital platforms.

For information on the next planned events in your country, please contact the local partner.

Stay tuned for more!

Visit www.mobidigproject.eu and explore the MOBI-DIG Interactive Toolbox and the Collection of Resources for improving the digital skills of elderly people, available in multiple languages.