MOBI-DIG: Mobile Apps and Digital Services for Seniors
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DIGI-HANDIG

PROMOTER OF THE INITIATIVE: Digi Handig / Delft, The Netherlands / www.digihandig.nl

TARGET GROUPS: Educators, volunteers, people who help seniors

YEAR(S) OF IMPLEMENTATION: 2023

DESCRIPTION:

The DigiHandig teaching package was launched in September 2023. It is designed to help digital starters develop or improve their digital skills with their smartphone or tablet. This teaching package is intended to introduce participants to the world of smartphones and apps, teaching them the basic skills they need to be fully confident when navigate and take advantage of what their device has to offer.

This lesson package offers a step-by-step manual for organizations that want to implement the teaching package. The lesson package includes also an app. The app offers a unique and accessible learning experience that focuses on the following 3 pillars:

1. Learn what you want to learn: participants choose what they want to learn and they can get started right away
2. Learn at your own time: participants can choose where, when and how often to practice
3. Simple and safe: The lessons are accessible and making mistakes is not a problem

DigiHandig is there to help senior smartphone and tablet users become more digitally proficient. It is an initiative of New Future Lab in collaboration with the Ministry of Home Affairs and Kingdom Relations and Game Tailors.

OUTCOMES:

DigiHandig lesson package can be used for any digital starter who wants to learn more about the smartphone or tablet.

The lesson package materials are written in a language that is as accessible as possible. Additional explanation is provided for certain internet terms.

The advantage of the app as a teaching method is that users can also practice at home. That makes it possible to have many learning moments, which are not limited by the weekly practice hour on location. In addition, the exercises within the DigiHandig app are short and can be repeated as often as you want.

The app is free and there is no (login) account or email address required to get started.

The materials are very suitable for elderly people who are not very fond of the digital world and might have some resistance. An additional DigiHandig Bingo is included in the teaching material as bingo is a very accessible way to get acquainted with the digital world.

What is included in the lesson package?

➢ Guide
➢ PowerPoints Presentation per lesson

- Lesson book for participants
- DigiHandig Bingo

What is needed to organize a lesson programme?

- A staff member or volunteer who can host a class
- A room with a large screen on which presentations can be shown
- A group of 3 to 20 participants
- A printer available for, among other things, the textbook or promotional materials to print
- A dose of enthusiasm to make people more digitally skilled

EFFECTIVE APPROACHES FOR IMPROVING DIGITAL COMPETENCES OF ELDERLY PEOPLE:

- Training programme
- Mobile application

WEBSITE OR OTHER ONLINE CHANNELS:

https://www.digihandig.nl/lesmateriaal